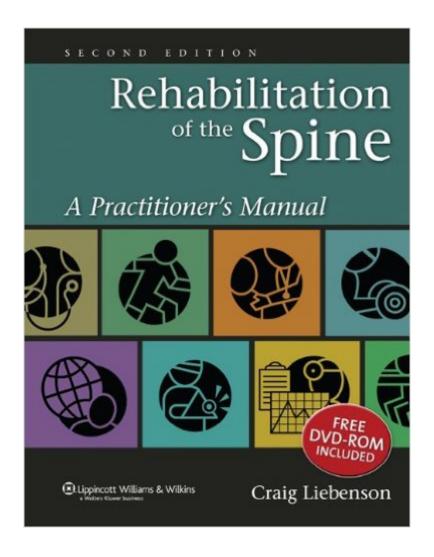
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# Rehabilitation Of The Spine: A Practitioner's Manual





## **Synopsis**

The foremost authorities from chiropractics, orthopaedics and physical therapy present a practical overview of spinal rehabilitation. This clinical resource presents the most current and significant spinal rehab information, showing how to apply simple and inexpensive rehabilitation in the office. The updated Second Edition includes clinical/regional protocols and chapters on diagnostic triage, acute care, functional assessment, recovery care, outcomes, and biopsychosocial aspects. A bonus DVD offers demonstrations of key therapies and procedures.

#### **Book Information**

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#### **Customer Reviews**

Liebenson, Craig. Rehabilitation of the Spine: A Practitioner's Manual, 2nd edition. 2007.By Ron LeFebvre, DC, Dean of Clinical Education, Western States Chiropractic College.Because busy practitioners often rapidly skim articles, especially book reviews, let me start with the bottom line. Dr. Liebenson's second edition of Rehabilitation of the Spine is a "must" book. Any practitioner or student interested in physical rehabilitation of the spine must own and must read this book. The contributing authors represent an impressive array of some of the most notable experts across multiple disciplines, including Nikolai Bogduk, Paul Hodges, Vladimir Janda, Gwendolen Jull, Karel Lewit, Steven Linton, Stuart McGill, Robin McKenzie, Don Murphy, Vert Mooney, John Triano, and Howard Vernon. The cast is much larger yet, is international in reach, and represents some of the most important schools of thought in rehabilitation today. The second edition significantly improves upon the first, which was itself, a watershed document. Every chapter has been re-written and

updated. The basic science chapters offer an exceptional overview for the clinical practitioner of what we have learned about the mechanics of the spine over the last 10 years. It re-establishes the foundation upon which so much of our practical rehabilitation lies. It also gives us a lens through which to judge both old and new approaches and techniques. But above all, this is a practitioner's manual, replete with a level of detail that is essential for actual application. In many of the chapters, one can almost hear the voice of an experienced workshop instructor correcting common errors in technique and imparting expert advice.

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